



GREENING CHANDIGARH ACTION PLAN 2011-2012 Chandigarh Administration

2. Common Medicinal Plants & their use

Plant	Common name/ Maturity period	Botanical Name or family	Parts used	Medicinal use
	Amla (T)After 4th year	Emblca officinalis Fam - euphorbiaceac	Fruit	Vitamin – C, Cough , Diabetes, cold, Laxativ, hyper acidity.
	Ashok (T)10 years onward	Saraca Asoca Fam : Caesalpinaceac	Bark Flower	Menstrual Pain, uterine, disorder, Deiabetes.
	Aswagandha (H), One year	Withania Somnifera Fam: Solanaccac	Root, Leafs	Restorative Tonic, stress, nerves disorder, aphrodisiac.
	Bael / Bilva (T)After 4-5 year	Aegle marmelous Fam: Rutaccac	Fruit, Bark	Diarrhoea, Dysentry, Constipation.
	Bhumi Amla (H), with in one year	Phyllanthous amarus Fam : euphorbiaccac	Whole Plant	Aenimic, jaundice, Dropsy.
	Brahmi (H) Indian penny worth/one year	Bacopa,Monnieri Fam: Scrophulariaccac	Whole plant	Nervous, Memory enhancer, mental disorder.
	Guluchi / Giloe (C)With in one year	Tinospora CordifoliaFam	Stem	Gout, Pile, general debility, fever, Jaundice.
	Kalmegh/ Bhui neem (H) with in one year	Andrographis PaniculataFam : scanthaccac	Whole Plant	Fever, weakness, release of gas.
	Long peeper / Pippali (C) after two to three years	Peeper longum Fam : Piperaccac	Fruit, Root	Appetizer, enlarged spleen , Bronchities, Cold, antidote.



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	Sarpa Gandha (H)After 2 year	Ranwolfia Serpentina Fam: apocynaceae	Root	Hyper tension, insomnia.
	Satavari (C)After 2-3 year	Asparagus Racemosus Family: liliaceae	Tuber, root	Enhance lactation, general weakness, fatigue, cough.
	Tulsi (perennial) Each 3 months	Ocimum sanctum Fam: Lamiaceae	Leaves/Seed	Cough, Cold, bronchitis, expectorant.
	Henna/Mehdi (S) 1/25 years	Lawsennia iermis Fam: lytharaceae	Leaf, Flower, Seed	Burning, Steam, Anti Inflammatory.
	Gritkumari (H) 2nd-5th yr	Aloe Vera Fam: Liliaceae	Leaves	Laxative, Wound healing, Skin burns & care, Ulcer.
	Sada Bahar (H) Periwinkle/Nyantara	Vinca rosea/ catharanthus Roseus Fam :apocyanace	Whole Plant	Leukemia, Hypotensive, Antispasmodic, Atidot.
	Vringraj (H)	Eclipta alba Fam: Compositae	Seed/whole	Anti-inflammatory, Digestive, hair tonic.
	Bahada (T)	Terminalia Bellerica Fam: comretaceae	Seed, Bark	Cough, Insomnia, Dropsy, Vomiting, Ulcer, Trifala.
	Neem (T)	Azadirachta – indica Fam : Mahaceae	Rhizome	Sedative, analgesic, epilepsy, hypertensive.
	Mandukparni (H) Indian pennywort	Centella asiatica Fam : Urdelliferae	Whole plant	Anti-inflammatory, Jundice, Diuretic, Diarrhoea.
	Stevia	Roubidiana	Leaf	Sugar substitute



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Officials of Wildlife Institute of India, Forest staff, NGOs & school/college students during 'Wildlife Census exercise' conducted in Nepli & Kansal Forests during 9th to 11th December, 2010



Group photo of officials of Wildlife Institute of India, Forest staff, NGOs & school/college students who participated in the 'Wildlife Census exercise' conducted in Nepli & Kansal Forests during 9th to 11th December, 2010



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H.E., Shri Shivraj V.Patil, the Governor of Punjab and Administrator, UT, Chandigarh releasing a 'Poster on State Bird, State Animal, State Flower & State Tree of UT, Chandigarh' during 'Wildlife Week' celebrations-2010 in Kansal forest on 8.10.2010




Migratory birds visiting Sukhna Lake



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STATE ANIMAL, BIRD, TREE AND FLOWER OF CHANDIGARH


<p>DHAK FLOWER <i>Butea Frondosa</i></p>	<p>MANGO TREE <i>Mangifera Indica</i></p>
<p>INDIAN GREY HORNBILL <i>Ocyrceros Birostris</i></p>	<p>INDIAN GREY MONGOOSE <i>Herpestes Edwardsi</i></p>

 **DEPARTMENT OF FORESTS & WILDLIFE,
CHANDIGARH ADMINISTRATION**

Poster of State Animals, Bird, Tree & Flower of Chandigarh released during Wildlife week Celebration -2010.


Wildlife Week Celebration-2010 JOIN HANDS TO SAVE WILDLIFE & ITS HABITAT

विशेष आवरण SPECIAL COVER



INDIAN GREY HORNBILL
ਚਪੜੀਮਠ ਦਾ ਰਾਜਕੀਯ ਪਸ਼ੀ
STATE BIRD OF CHANDIGARH

The Indian Grey Hornbill (*Ocyrceros birostris*) is a common hornbill found in Chandigarh. It is mostly arboreal and is commonly sighted in pairs. They have grey feathers all over the body with a light grey or dull white belly. The horn is black or dark grey with a casque extending up to the point of curvature in the horn. They are one of the few hornbill species found within urban areas in many cities where they are able to make use of large avenue trees. It is declared as the state bird of the Chandigarh during the year 2009.

 **पंजाब परिमण्डल, चण्डੀमਠ**
Punjab Circle, Chandigarh
भारतीय डाक विभाग Department of Post INDIA
Pb/2010-01

Special Postal Cover depicting State Bird of Chandigarh released during Wildlife Week Celebration -2010.



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