

Bicycling Activity

**Distance: 2.5 Kms
[one way]**

How to Reach:

First Reach the Smriti Van behind Sukhna Lake besides Tennis Court and Reserved Forest area is located in front of that with clear signage written as “**Welcome to Nature Trail in Lake Reserve Forests**”.

How to Participate:

Any individual/ group desiring to participate in the Bicycle activity on scheduled date & time is required to be present at venue along with their Bicycle before the start of the event. The one way distance is 2.5 kms, so any person has to complete 5 kms while going & coming back.

The Bicycle Activity Calendar is available on Chandigarh Administration's website http://chandigarh.gov.in/dept_forest.htm

BRIEF DETAIL ABOUT THE BICYCLING ACTIVITY IN LAKE RESERVE FOREST

❖ Important Tree species, which can be witnessed during activity:
Shisham, Khair, Kikar, Prosopis & Dhak.

❖ Important Faunal species, which can be witnessed during activity:
Sambar, Pangolin, Porcupine, Wild boar, Nilgai. Variety of Reptiles:- Pea-Fowl, Red-Jungle Fowl, Indian Grey Hornbill, Owls, Eagles, etc. among Predators.

➤ DO'S DURING BICYCLE ACTIVITY

- Keep silence and enjoy the beauty of nature.
- Keep safe distance from wild animals.
- Photography/Videography of nature and wildlife.

➤ DON'TS DURING BICYCLE ACTIVITY

- Do not disturb the wild animals.
- Do not make noise or play music.
- Do not smoke and litter in the forest.
- Do not feed & tease wild animals.
- Do not carry fire arms/ammunition.
- Do not carry polythene/plastic bags/ plastic water bottles.
- Avoid use of flash while taking snaps.
- Do not deviate from the designated trek route.
- Do not pluck the flowers or harm the plants.
- Consumption of non-vegetarian food is strictly prohibited.
- Do not use perfumes.
- **Always remain in group during activity. No kid should be left alone.**

➤ ATTRACTIONS DURING BICYCLE ACTIVITY

- Wide variety of trees, shrubs and herbs.
- Can witness variety of animal & birds.
- Interactive photo text panels, sign boards.
- Watch towers.

➤ TIPS FOR BICYCLE ACTIVITY:

1. Please assemble at Smriti Van behind Sukhna Lake **30 minutes** before the starting time of activity.
2. For better sighting of wild animals, it is advisable that no noise should be created while cycling activity and Cyclist should keep his ear & eyes open so as to sight wild animals.
3. If any wild animal comes across while activity, then the wild animal should not be disturbed and cyclists should watch the movement of the wild animals without disturbing them. Wild animal will automatically try to escape. Do not stare or make eye to eye contact with wild animals.
4. Always remain in group during activity. No kid should be left alone.

5. The cyclists will be divided in groups with Group Leader whose responsibility shall be to ensure that all group members are activity together and no one should move or leave the **designated activity route** for the safety of the cyclists.
6. Cyclists are advised to keep sun glasses and caps for comfort.
7. It is advisable not to take small kids may be less than 10 years age for activity.
8. Cyclists are also advised to keep haversack Bag/ Backpack/ Hiking Bag and atleast one litre of water bottle should be kept in the bag. They are also advised to keep some Chocolate or other light eating material with high calorie.
9. Cyclists are also advised not to throw the plastic bottles or any other waste in the Lake Reserve Forest while activity.